



# Cor Infinitus

INFINITE COURAGE



# Aim, Method and Objectives

## Aim:

- To give dignity and respect to the families of those that have served our nation and taken their own life.

## Method:

- Establish memorials throughout the country dedicated to those that have served our nation and were overwhelmed by their battle within.

## Objectives:

- Publicly acknowledge the loss suffered by families and loved ones while providing them a tangible place of reflection, dignity and respect;
- Provide dignity and respect to those that have served Australia and taken their own life
- Assist in the prevention of suicide; and
- Support the destigmatisation of mental illness and suicide.

# Meaning

## *Cor Infinitus = Infinite Courage*

- 'Cor' is latin for 'heart' and is the root word for 'courage'. The original meaning of courage was 'to speak one's mind by telling all one's heart'. 'Infinitus' is the latin word for 'infinite' meaning 'boundless' or 'endless'.
- Infinite is the magnitude of loss felt by families when a loved one takes their own life. It is also so often, the scale of love felt for that person by those around them – but they struggle to see it. Finally, infinite is also the amount of time left without that person.
- Courage is needed by the families to face each day moving forward after a loved one has taken their life. No doubt, love and courage has been needed by the family each day until this point also.
- As families deal with the aftermath of a loved one taking their own life, boundless love and strength are needed to overcome the questions and doubt that exist. Their hearts need to share rather than hide their pain.
- The families need Infinite Courage.

## Symbology



*Cor Infinitus*

INFINITE COURAGE

The infinity loop is gold to represent that the individual was and still is valued by all those around them. However, it is torn and frayed to represent the internal turmoil that could not be beaten.

A sprig of Rosemary is woven through the centre symbolising remembrance and that the military is still with them.

The symbol is watercolour to represent the compassion and care required for the families in such a tragic event.

# Guiding Principles

- Dignity and respect
- Informed by families, for the families
- A place to mourn, grieve, hope and heal
- Does not represent any individual person, era or circumstance.
- Completely inclusive and anonymous
- Does not glorify the person's final act to take their life
- Families and local community ownership
- Clinical Oversight and psychologically safe
  - Clinical oversight by Open Arms, Mates4Mates & Nth QLD Primary Health Network
- Decentralised approach
  - Local champion identifies location, gains funding and local approvals
  - Cor Infinitus memorial wording is not altered.
  - Memorial shape, size, colour etc appropriate to the surrounds (eg stone vs concrete vs wall mount)

# Family Feedback & Guidance\*

- Located with other casualties of service – not isolated or secluded.
- The preferred symbology is the Cor Infinitus symbol, reinforcing the connection to it's meaning and the inclusiveness of the symbol itself.
- Wording on the veteran plaque

*Dedicated to all those  
who served our nation and were  
overwhelmed by the battle within.*

LEST WE FORGET

\*Information above based on veteran family feedback. Emergency Services family feedback is yet to be confirmed.

# Messages of Hope

## **Your parent**

If you were here today, there would be one less date that brought me to tears.

## **Your partner**

I still wish you were here, every single day. Holding you in the light.

## **Your child**

I miss you every day. I still need you.

## **Your mate**

A 'mate' is a bond thicker than blood and there's no shame in getting help or telling me that you're hurting.

## **A survivor**

That desire to end your life is a moment in time. Life is too precious, it really does get better.

# Currumbin



# Townsville



# The Gap



Pine Rivers

Wallaroo, SA

Bray Park / Strathpine



# Start a Conversation



*Cor Infitus*

Cor' is latin for 'heart' and is the root word for 'courage'. The original meaning of courage was 'to speak one's mind by telling all one's heart'. Infitus' is the latin word for 'infinite' meaning 'boundless' or 'endless'. As families deal with the aftermath of a loved one taking their own life, boundless love and strength are needed to overcome the questions and doubt that may exist. Their hearts need to share rather than hide their pain.

The families need Infinite Courage.

The symbol is watercolour to represent the compassion and care required for the families in such a tragic event.

The infinity loop is gold to represent that the individual was and still is valued by all those around them. However, the symbol is torn and frayed to represent the internal turmoil that could not be beaten. The loop also has a sprig of Rosemary woven through the centre symbolising that the military is still with them.

**DEDICATED TO ALL THOSE  
WHO SERVED AND WERE  
OVERWHELMED BY THE BATTLE WITHIN  
LEST WE FORGET**



[www.corinfitus.org](http://www.corinfitus.org)



*Cor Infitus*  
INFINITE COURAGE

# Where are they?

## Done

- QLD: Townsville, Currumbin, Pine Rivers, Bray Park, The Gap
- NSW: Doyalson x 2
- SA: Wallaroo x 5

## Coming

- Symbolic catafalque party in Brisbane, Darwin, Perth, and Hobart 
- Numerous individual enquiries 
- Every city and town around the country.



# Local Champion - Process

*Download available on website*

1. Identify location
2. Consult stakeholders (eg landowner, ESO's, families, community, Council, specific committees, funding sources)
3. Provide artist impression/ PowerPoint picture of the proposed memorial site to Cor Infinitus (CI) to ensure standardisation of memorial, psychological safety and CI values are upheld.
4. Gain funding
5. Gain approvals from council/private owner, funding and/or specific committee as appropriate
6. CI files provided to Local Champion for production
7. Plaques, plinth, signs etc produced and installed
8. Unveiling ceremony.

# Structure and Funding

## Structure

- Cor Infinitus LTD
- ACNC Registered
- 3 Directors
  - Kevin Humphreys
  - Miriam Dwyer (CEO of GMRF)
  - Paul Willis (Veteran and GM Cate's Chemist in TVL)

## Funding

- Hard costs (concrete, brass etc) covered by federal and state grants, large ESO grants and philanthropy.
- Direct operating costs such as legal, insurance, website hosting, marketing, travel and accom etc covered by fundraising, donations and in-kind support.



INFINITE COURAGE

## Metta Prayer

May you be at peace.

May your hearts remain open.

May you awaken to the light of your own true nature.

May you be healed.

May you be a source of healing to all beings.

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