



INFINITE COURAGE

Aim, Method and Objectives

Aim:

• To give dignity and respect to the families of those that have served our nation and taken their own life.

Method:

• Establish memorials throughout the country dedicated to those that have served our nation and were overwhelmed by their battle within.

Objectives:

- Publicly acknowledge the loss suffered by families and loved ones of those who have taken their own life and provide them with a place of reflection, dignity and respect;
- Support the prevention of suicide;
- Support the de-stigmatisation of mental illness and suicide; and
- Placement of memorials through Australia.

Meaning

Cor Infinitus = Infinite Courage

- 'Cor' is latin for 'heart' and is the root word for 'courage'. The original meaning of courage was 'to speak one's mind by telling all one's heart'. 'Infinitus' is the latin word for 'infinite' meaning 'boundless' or 'endless'.
- Infinite is the magnitude of loss felt by families when a loved one takes their own life. It is also so often, the scale of love felt for that person by those around them but they struggle to see it. Finally, infinite is also the amount of time left without that person.
- Courage is needed by the families to face each day moving forward after a loved one has taken their life. No doubt, love and courage has been needed by the family each day until this point also.
- As families deal with the aftermath of a loved one taking their own life, boundless love and strength are needed to overcome the questions and doubt that exist. Their hearts need to share rather than hide their pain.
- The families need Infinite Courage.

Symbology



INFINITE COURAGE

The infinity loop is gold to represent that the individual was and still is valued by all those around them. However, it is torn and frayed to represent the internal turmoil that could not be beaten.

A sprig of Rosemary is woven through the centre symbolising remembrance and that the military is still with them.

The symbol is watercolour to represent the compassion and care required for the families in such a tragic event.

Guiding Principles

- Dignity and respect
- Informed by families, for the families
- A place to mourn, grieve, hope and heal
- Does not represent any individual person, era or circumstance.
- Completely anonymous and inclusive
- Does not glorify the person's final act to take their life
- Families and local community ownership

- Clinical Oversight and psychologically safe
 - Clinical oversight by Open Arms, Mates4Mates
 & Nth QLD Primary Health Network
- Decentralised approach
 - Local champion identifies location, gains funding and local approvals
 - Cor Infinitus memorial wording is not altered.
 - Memorial shape, size, colour etc appropriate to the surrounds (eg stone vs concrete vs wall mount)

Family Feedback & Guidance*

- Located with other casualties of service not isolated or secluded.
- The preferred symbology is the Cor Infinitus symbol, reinforcing the connection to it's meaning and the inclusiveness of the symbol itself.
- Wording on the veteran plaque

Dedicated to all those who served our nation and were overwhelmed by the battle within.

LEST WE FORGET

Messages of Hope

Your parent

If you were here today, there would be one less date that brought me to tears.

Your partner

I still wish you were here, every single day. Holding you in the light.

Your child

I miss you every day. I still need you.

Your mate

A 'mate' is a bond thicker than blood and there's no shame in getting help or telling me that you're hurting.

A survivor

That desire to end your life is a moment in time. Life is too precious, it really does get better.

Currumbin





Townsville









The Gap





Pine Rivers Wallaroo, SA

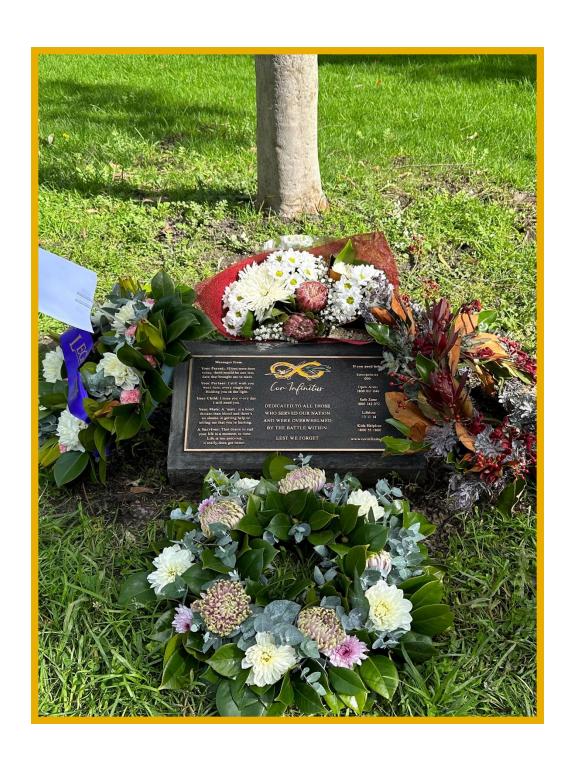
Bray Park / Strathpine







Shrine of Remembrance VIC





Remember, Respect and Start a Conversation







Where are they?

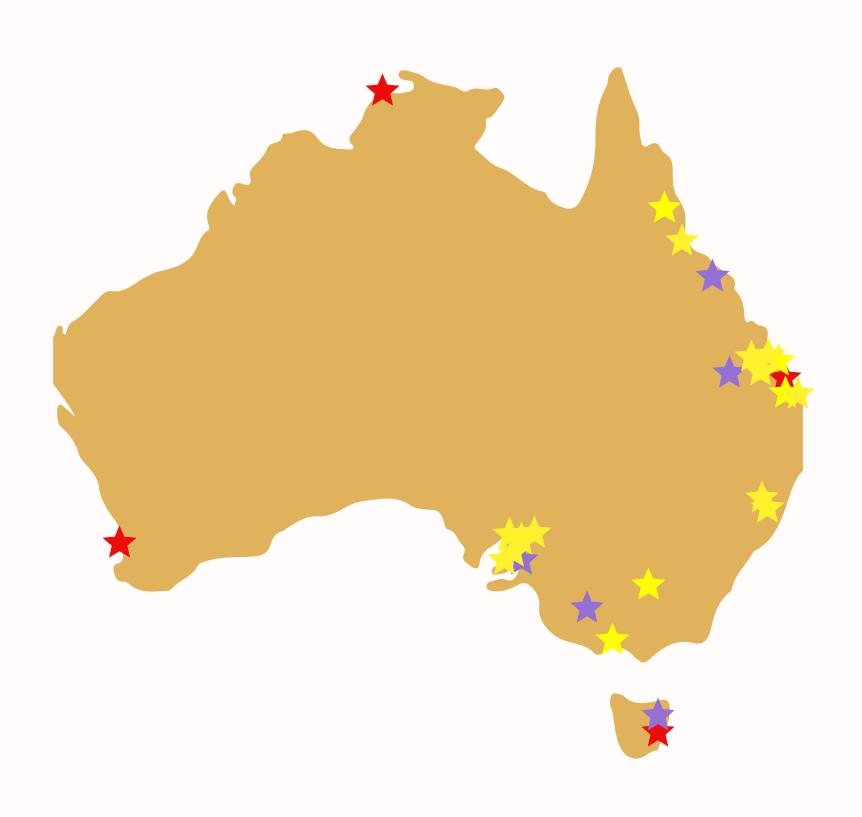
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21 Memorials

- **QLD:** Townsville, Kuranda, Hervey Bay, Currumbin, The Gap, Pine Rivers, Bray Park, Ashgrove, Cleveland, Nerang
- NSW: Doyalson x 2
- **SA:** Copper Coast x 7
- VIC: Melbourne, Wodonga

Coming

- Symbolic catafalque party in Brisbane, Darwin,
 Perth, and Hobart
- Numerous individual enquiries **
- Every city, suburb and town around the country.



Local Champion - Process

Download available on website

- 1. Identify location
- 2. Consult stakeholders (eg landowner, ESO's, families, community, Council, specific committees, funding sources)
- 3. Provide artist impression/ PowerPoint picture of the proposed memorial site to Cor Infinitus (CI) to ensure standardisation of memorial, psychological safety and CI values are upheld.
- 4. Gain funding

- 5. Gain approvals from council/private owner, funding and/or specific committee as appropriate
- 6. CI files provided to Local Champion for production of plaque(s)
- 7. Plaques, plinth, signs etc produced and installed
- 8. Unveiling ceremony.

Structure and Funding

Structure

- Cor Infinitus LTD
- ACNC Registered, DGR



- 3 Directors
 - Kevin Humphreys
 - Miriam Dwyer (Former CEO of GMRF)
 - Paul Willis (Veteran and GM Cate's Chemist in TVL)
- CEO Shane Fairweather (Former FAS in CASG)

Funding

- Hard costs (concrete, brass etc) covered by federal and state grants, large ESO grants and philanthropy.
- Direct operating costs such as legal, insurance, website hosting, marketing, travel and accom etc covered by fundraising, donations and in-kind support.

Con Infinitus INFINITE COURAGE

Metta Prayer

May you be at peace.

May your hearts remain open.

May you awaken to the light of your own true nature.

May you be healed.

May you be a source of healing to all beings.

Shane Fairweather
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